



Optimist Pioneer



March 6



The Optimist Club of Albuquerque, New Mexico Bulletin

Chartered March 9, 1940



In Our 84th. Year of Serving the Youth of New Mexico

Volume 84 October 15, 2023 Issue No. 32

2023-2024 Officers

- International President:
Tracy Huxley -
- International Vice President:
Tony Carpenter -
- New Mexico-West Texas
1st. Qtr. District Governor:
Jack Barclay - 575-202-2796
- New Mexico-West Texas
District Sec./Treas.:
Greg Siewert - 915-588-6699
- Zone 3 Lt. Governor:
Open
- Club President:
Pat Trussell - 505-280-1753
- Vice President for Admin.:
Steve A. Garcia - 505-836-4035
- Vice President for Youth:
Fred Trussell - 505-280-4509
- Immediate Past President:
James E. White - 505-238-1436
- Club Secretary / Treasurer:
Rita R. White - 505-238-1437
- Club President Elect.
Open -
- Board of Directors:
2 years:
1. Catherine Hatcher
2. Dolores Morgan
3. Open
- 1 year:
1. Lasheka Mason
2. Stephanie Smith
3. James E. White
- Club Sergeant-at-Arms:
Steve Garcia
- Club Door Greeter:
James E. White
- Optimist Supply:
<http://www.shumskyideas.com/optimist/>
- NMCRS# 219956
FED TAX ID (EIN) #850110839

Message from our Club President

Positive Thought for Today: "What is happiness except the simple harmony between a man and the life he leads?"
- **Albert Camus**

Let us all be grateful for the life we lead and the opportunity to help the youth of our community.

Pat Trussell - Club President 2023-2024

Distinguished Members of The Optimist Club of Albuquerque, New Mexico

- 1940-1941 Walter Dolde
Charter President
- 1946-1947 P. J. DeVeau
District Governor
- 1952-1953 A. F. Reigler
District Governor
- 1954-1955 Ben Osuna
District Governor
- 1959-1960 L. M. Gross
District Governor
- 1961-1962 H. J. Barnett
District Governor
- 1963-1964 Al Valdez
District Governor
- 1965-1966 OI Vice President
- 1966-1967 Ray Eichner
District Governor
- 1987-1988 Robert Furry
District Governor
- 1988-1989 Arlin Pennington
District Governor
- 1991-1992 Fred Leach
District Governor
- 2007-2008 Venus Sanford
District Governor
- 2016-2017 OI Vice President
- 2021-2022 & 3rd. Qtr. 23-24
Fred Trussell
District Governor

ZOCO A (The Optimist Club of Albuquerque, New Mexico) *Friday Luncheon:*

Join us on Friday, Oct. 20th. at 12:00 for our next Club Luncheon. It will be a hybrid Luncheon at the Overture Apartments. Police Officers.

Optimist International offers Leadership skills:

Optimist Institute (formerly LMS): **Free for all Optimist Members!**

The quickly growing content includes the annual Club Officer Courses, and courses in a host of other areas: leadership development, technology (with focus on Microsoft Office products and social media to help your Club and yourself!), optimism, youth and sports, Optimist sponsored programs, personal development skills, and diversity (like working with different generations)



Join us on **facebook**
<https://www.facebook.com/OptimistClubofABQ/>



The Optimist Club of Albuquerque
To give of one's self in the service to others

<https://optimistclubofalbuquerque.org>

This is the Club's Website.

If you get the bulletin by email hold ctrl key down and click on line above.

ZOCO A NM Events Calendar:

- Club Luncheon, Fri. Oct. 20, **Hybrid** - 12:00 - Police Officers
Ronald McDonald, Yale House Bingo, Fri., Oct. 20 - 5:50 - 8:15
- Club Board Meeting, Tues. Oct. 24, **Via Zoom** - 7:00
- Club Luncheon, Fri. Oct. 27, **Hybrid** - 12:00 - Club Business
- Scare-A-Ton**, Tues. Oct. 31, Sheraton Uptown - 5:00 to 8:00
- Club Luncheon, Fri. Nov. 3, **Hybrid** - 12:00 - Open

NM-WT District #19
2023-2024



Together we can

Club Contact information:
James White -505.238.1436
jimnewmex101@gmail.com



Friend of Youth

ZOCO A NM Club Luncheon: (Oct. 13th)

Pat welcome everyone and called the meeting to order. Fred gave the invocation and Jim led the pledge.

Pat introduced our two guests. Fines and donations were collected even though Sgt-At-Arms Steve was missing in action.

Fred was in the US Navy so he made a big deal that it was the Navy's 248th birthday.

Pat then played a video of Happy Birthdays for our Club's October Birthdays. Steve, Dolores and David.

Kay, Fred and Pat joined the Club in October 2016. Did they make their Club donations in recognition of that event.

Pat reminded everyone to pay their dues and make their Dime-A-Day donations.

Pat talked about the many ways we help the Ronald McDonald Houses. She also took a few minutes to talk about the various scholarship programs OI has.

She talked about the Visal Arts calendars and if we want to purchase some. She also talked about the Photo Contest.

Choose Optimism with be the theme for Kids Speak Out. The format of this program is changing and may become District wide.

Pat asked that everyone consider purchasing Terri Lynn nuts for Christmas so get your orders in early. You can find connections to our Terri Lyn website on both our Facebook and Club websites.

Our next Club Luncheon will be on the 20th and will feature the October Police Officers of the Month.

The next Ronald McDonald Bingo will be at the Yale House on the 20th. See elsewhere in this Bulletin for more information.

We will have a Club monthly Board meeting on th 24th via zoom. Log in at 7:00.

Fred reminded us that there will be a very special District Governor's get together on Oct. 28. All Zone 1, 2, & 3 Optimists are requested to attend this very important meeting.

We talked about the Scare-A-Ton.

We has funny pictures cartoons and jokes and closed with the Creed

The Optimist Club of Albuquerque, New Mexico

★★ZOCO A Luncheon: (Oct. 20th)★★

Oct. 20th. will be our next Club Luncheon. It will be a hybrid lunch. So join us for some fun. It will be Police Officers of the Month.

How food service for Luncheons works:

You will be able to select from the provided menu, bring your own food or not eat during the meeting. All orders and confirmation that you will be at the meeting must be received by Friday 9:00 am.

We will send out a menu for each weeks meeting no later than Tuesday. Use this menu to confirm that you will be at the meeting and what you would like to eat. We will pick up the food items and have them ready for you when you arrive on Friday.

The price of the meals is \$15. If you bring your own or do not eat we will charge you \$3 for incidentals and to help cover meals for speakers and Police Officers.

Food Orders will be placed Friday morning If you order a meal and do not inform us by Friday 9:00 am of a change then you will be charged for the meal because we have to pay for it.

It's a live meeting!

It will be simulcast via Zoom for those unable to attend live

Bingo Nights at Ronald McDonald Houses:



Our next Bingo Night will be **Oct. 20th** at the **Yale** Ronald McDonald House at 1011 Yale Blvd. NE. Parking is on the west side of the building. We will start set up at 5:30.

We need prizes for boys and girls age 1 to 14. We need baby items and items for parents. We need father items. Toiletry kits are nice.

10th Annual Scare-A-Ton Halloween Charity Carnival Sheraton Albuquerque Uptown Tuesday, October 31 5pm to 8pm

We need as many Optimists, friends and family as possible on the 31st to help us with the cakewalk. This will help Locker 505.



Check out our Facebook page click on the line below

<https://www.facebook.com/OptimistClubofABQ/>



The Optimist Creed

Promise Yourself -

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

The Optimist Creed

Promise Yourself -



Attendance at the Oct. 13 Lunch:

We missed 12 members this week.

We currently have **17** members. In attendance: **(6)**, 4 members, 7 excused (64.7%) 2 guests. Attending the meeting were: Fred T., Pat T., Jim W., and Rita W.

Excused: David C., Kay F., Catherine H., La Sheka M., Starr P., Ron R., and Stephanie S.

Guests: Dist. S/T Lynne Martin & Bailee Eastman Pat & Fred's granddaughter.

Club Bulletin:

Let me know of upcoming events and speakers.

If you have information to put in the bulletin call Jim White 238-1436 or email me at



Upcoming Club Events: (Club Meetings at Overture 55+)

- Oct. 20, Fri. Club Luncheon, **via Hybrid** - 12:00 - Police Officers
- Oct. 20, Ronald McDonald Bingo, **Yale House** - 5:30-8:15
- Oct. 24, Club Board Meeting, **via Zoom** - 12:00
- Oct. 27, Fri. Club Luncheon, **via Hybrid** - 12:00 - Club Business
- Oct. 31, Tues, **Scare-A-Ton**, Sheraton Uptown - 5 to 8
- Nov. 3, Club Luncheon, **via Hybrid** - 12:00 - Open
- Nov. 4, Tri-Zone Meeting, **via Hybrid** -

★★Website Ads: ★★TIME TO PAY FOR YOUR ADS

Bulletin sponsors and others can now purchase ads on the Club Website. Ads will be \$60 a year or \$15 per Quarter. We are still looking for Bulletin Ads. \$15 per year. Contact Rita at 505-238-1437. Help your Club pay Bulletin & website costs.

Optimist Dues:

The Club has sending out dues statements for the 2023-2024 Optimist Year. We need to get your payment as soon as possible. You can add in your Dime-A-Day for this next Optimist year.

Items for Ronald McDonald Houses:

Watch for sales of cases of chips and individual cereal bowls. We are also looking for donations or fund raisers so we can purchase cases of these items. If you know of someone that can help let us know.

US NAVY 248TH BIRTHDAY:

Fred celebrated the Navy's birthday with Anchors Away and a video presentation. The origins of the Navy actually predate independence by almost a year. On October 13 1775 the Continental Congress approved creation of the Navy.



Ronald McDonald House Bingo Prizes:

We have a great time at Bingo. **We need items for prizes.** Items like toys and games for children 1 to 14 and items for babies, stuffed toys, clothing and other items. Diapers and baby wipes. **Our box of Bingo prizes is getting very low. Can you help?**



Next Bingo Night is: **Oct. 20th. at the Yale House.** We also need volunteers for the Bingo Nights from 5:30 – 8:30.

★★★ School Supplies: ★★★

Join us for our next Club Board meeting on October 24th to discuss purchase of purchasing backpacks and some fundraisers to help our school supply programs. We will also be discussing some of the various programs we would like to get started at Janet Kahn. You may have some ideas to help. We surely need your help.



Speakers:

We need Speaker for the 2nd and 4th meeting of each month. If you know of someone or have a topic you are interested in contact **Dolores Morgan at 505.857.9111 or vivian515@comcast.net.**

District & International Events:

- 1st. Trimester - Dist. Conf., Nov. 11 & 12, 2023 in Los Cruces
- 2nd Trimester - Dist. Conf., Apr. 13 & 14, 2024 in Roswell
- 106th Optimist International Convention Jun. 23–26, 2024, **Niagara Falls, Ontario, Canada** (you will need a passport)
- 3rd. Trimester - Dist. Conf. & Conv., Aug. 10 & 11, 2024 in Belen

Childhood Health & Wellness:

Another area under Health & Wellness is Mental Health under which we include Depression, Bullying, Abuse. The M.I. Understanding program would fall under this category.



Terri Lynn Nut Sales:

<https://theoptimistclubofabq.terri Lynn.com/> If you log on to this website and purchase a few items you will be helping our Club raise money for our many Club activities. Tell all your family and friends about this website. *Be a friend of Youth.* Our Club is working to help in providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



RONALD MCDONALD HOUSE * PULL TABS:

I hope you have told everyone you know about how Pull Tabs help the Ronald McDonald Houses. Ask them to give you all the Pull Tabs you can. You will be helping a family with a preemie or a cancer child.



Childhood Cancer Campaign:

Our Club has been helping cancer children since the early 1990's. We started with hats then toothbrushes and toothpaste. In 2004 OI started a program to help fund childhood cancer research and asked all members and Clubs to donate. Millions of dollars have made their way to help.



The Club's OI Foundation Club Piggy:

Go to oifoundation.org It is your Foundation and a way you can support the many OI programs and the programs your Club puts on in your community. Make a doation as often as you can so that these many programs can help your community's children.



2023-2024 Club Dime-A-Day Members:
(3 of 17 = 17.6%)



Catherine H.♥, Dolores M.♥, James W.♥,
Time to get your donations in




Club Luncheon Dates:

The Optimist Club of Albuquerque, NM meets weekly at the **Overture 55+ Apartment Complex.** That means we will have regular Club Hybrid (Live & Zoom) Luncheons on the 1st, 2nd, 3rd and 4th Fridays of every month. We have Police Officers at the 3rd lunch. A speaker at the 1st. and possible the 2nd. We have a Board Meeting the 4th Tuesday evening and an open lunch the 4th Friday. If there is a 5th Friday in the month then we will call it **La Copita Club** and it will be optional and just a social gathering not an official lunch.

The Optimist Club of Albuquerque, New Mexico



GARCIA'S Kitchen
Catering
505-242-1199



Anyone can donate to Dime-A-Day or the Foundation



505-401-3222

Patricia Trussell
Independent Consultant
Rank: Consultant
pattrussell.ThriveLife@gmail.com
www.pattrussell.thriveLife.com
Phone: (505) 280-1753




We help people around the world create thriving lives



2600 Louisiana Blvd. NE

OVERTURE*
ALBUQUERQUE
6441 Palomas Ave. NE
(505) 288-3192

Bulletin ads are \$15 a year
Website ads are \$60 per year or \$15 per quarter.
Call Rita at 505-238-1437



Walter Dolde
Charter President
The Optimist Club
Of Albuquerque,
New Mexico
March 1940

Optimist Youth Camp
Evening Optimist Club




SUPPORT THEM



505-877-7576



Our community benefits from every donation you make to the O.I. Foundation.





505-836-4035



Robert & Trish Templeton
505.217.6444 or 505.400.4977
turquoiseroadrunnercatering@gmail.com



https://theoptimistclubofabq.terri Lynn.com/



RONALD McDONALD HOUSE CHARITIES
NEW MEXICO

Have Santa Zoom your Family
go to
www.americassanta.com




CHILDREN'S HOSPITAL


Purposes of Optimist International

To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed; To promote an active interest in good government and civic affairs; To inspire respect for the law; To promote patriotism and work for international accord and friendship among all people; To aid and encourage the development of youth, in the belief that the giving of one's self in the service to others will advance the well-being of humankind, community life and the world.



OPTIMIST INTERNATIONAL CHILDHOOD CANCER CAMPAIGN
OPTIMIST INTERNATIONAL CHILDHOOD HEALTH & WELLNESS
OPTIMIST INTERNATIONAL COMMUNICATION CONTEST
OPTIMIST INTERNATIONAL ESSAY CONTEST
OPTIMIST INTERNATIONAL INTERNET SAFETY
OPTIMIST INTERNATIONAL KIDS SPEAK OUT!
OPTIMIST INTERNATIONAL ORATORICAL WORLD CHAMPIONSHIPS
OPTIMIST INTERNATIONAL RESPECT FOR LAW
OPTIMIST INTERNATIONAL TRI-STAR SPORTS
OPTIMIST INTERNATIONAL VISUAL ARTS COMPETITION PAINTINGS & DRAWINGS
OPTIMIST INTERNATIONAL YOUTH APPRECIATION
OPTIMIST INTERNATIONAL YOUTH SAFETY

Learn more about
The Optimist Club of Albuquerque, New Mexico
at
<https://www.facebook.com/OptimistClubofABQ/>
or
<https://optimistclubofalbuquerque.org>



For Lovers of Good Books, Fine Spirits and Good Conversation
E. E. Curley Roose - Established March 9, 1940
Luncheon on the 5th Fridays during the year at the Sheraton Uptown at noon



Friend of Youth

Postage Stamp

The Optimist Club of Albuquerque, New Mexico
Meeting every Fridays at 12:00
c/o Fred G. Trussell or Patricia Trussell
Overture 55+ Apartment Complex
6441 Palomas Ave. NE, Apt. 304
Albuquerque, New Mexico 87109

